



Fluoride

Fluoride is a very toxic substance. It is more toxic than arsenic. It is used in dental offices in very high concentrations to treat teeth, and has been added to the drinking water in many communities throughout the country for the same reason. These practices are being promoted in spite of solid evidence that they are ineffective, if not dangerous to public health.

Fluoride added to our precious water supplies is nothing more than pollution. It is added with the intention of reducing decay in the populous. It is now known that you cannot ingest enough fluoride to effect any change in dental decay. Yet the ADA continues on the forefront of influencing cities to fluoridate their water supplies.

The most common fluoride additive to community water is an unnatural toxic waste from the pollution scrubbers of the phosphate fertilizer industry. It is impure, containing lead and arsenic.

Fluoridation is intended to be around 1 part per million, which if you drink a quart of water a day, is the same level that has been used to treat hyperthyroidism, effectively reducing thyroid function. The more water one drinks, the higher the dose. This leaves a baby unable to drink more than a glass of water, before exceeding the "recommended dose". Anyone who drinks more than average receives more of the dose of the "medication". This is a totally inappropriate way to dose a medication, let alone a poison.

Fluoride is a metabolic poison. Its effect can be externally seen first in the discoloration of teeth. When the tooth forms, the enamel of the tooth is beautifully laid down in enamel rods or crystals. Fluoride is so strong a metabolic poison that it interferes with this process. Mild interference appears as white mottling and stronger interference appears as brown mottling. These are areas of weaker enamel. The same goes for cartilage and bone formation. Cartilage and bone formation is weaker.

Fluoride is such a powerfully reactive molecule, that it replaces others and remains in the bone. One half on all ingested fluoride remains in the bone for life. Communities that have been drinking artificially fluoridated water for decades show significantly higher hip fracture in the elderly. Human studies show a bone cancer increase on fluoridated areas.

Where supposedly diet increases susceptibility, such as in China and India, fluoride in drinking water represents a scourge. It is crippling, and large population studies indicate a reduction in I.Q. of approx. 10 points where fluoride is in the water.

Fluoride is not an essential nutrient or element. Our bodies do not need one molecule of it. Yet it is becoming more common in the environment with its use in pesticides and medications, etc, exceeding the water dose.

Whereas most of the rest of the world has wisely eliminated water fluoridation with this knowledge, here in America it is still literally being shoved down our throats.